**MASTER SYLLABUS**

**BACHELOR OF ARTS IN SOCIAL WORK**

**NORTHERN ARIZONA UNIVERSITY, YUMA BRANCH CAMPUS**

**BASW 451 CRISIS INTERVENTION**

1. **Catalog Description:** Knowledge, values, and skills for working with people in crisis.
2. **Prerequisites:** None
3. **Course Credits:** 3 Semester Credits
4. **Course Description:** The focus of this course is to prepare generalist social workers to work with micro, mezzo, and macro level client systems through the experience of crisis, enabling that client system to return to balance and social functioning. Students will learn about crisis theory, types of crises from developmental to catastrophic, the elements of a crisis situation and crisis intervention, the principles and processes of crisis intervention, and the skills for responding to client systems in crisis within the context of professional values and ethical standards. Particular attention will be focused on those diverse populations residing along the U.S. Mexico border. Students will participate in a ride-along experience with a first responder service.
5. **Student Learning Outcomes:** By the end of the semester the student will be able to:
6. Apply the planned change process to micro, mezzo, and macro level client systems experiencing crisis.
7. Identify the etiology, assumptions and premises of crisis theory and crisis intervention.
8. Identify the principles, goals, and processes of crisis intervention
9. Identify types of crises, levels of crisis intensity, and common crisis reactions
10. Apply principles and processes of crisis intervention to those diverse populations residing along the U.S. Mexico border.
11. Apply knowledge and skills for working with diverse populations residing along the U.S. Mexico border who are in crisis within the context of the value base of the profession and ethical standards for practice.
12. **Course Materials:** James, R.K. (2008). Crisis intervention strategies, (6th ed.). Belmont, CA: Brooks/Cole, Cengage Learning. Reading packets or access to the Internet may also be required.
13. **Teaching Methods:** Each class will include presentation of content, discussion, and student centered learning activities. Additional, there will be guest speakers from local crisis agencies, role-playing, videos, and additional readings from Cline Library. Student participation is integral to learning the course material.
14. **Evaluation Tools:** Student learning outcomes will be evaluated by the following methods:
15. **Ride-Along:** Students will contact a first responder agency and arrange for a ride-along experience which is at least 4 clock hours. Students will complete a reaction paper to this experience that addresses the various types of crises observed, client crisis reactions, ethical dilemmas observed, issues of diversity that emerged, and student’s reaction to the ride-along experience.
16. **Video Case Analysis:** Students will be assigned a type of crisis situation and role-play that client in crisis to a classmate. The classmate is a generalist social worker along the U.S. Mexico border responding to a client crisis situation. The role play is to be videotaped demonstrating the social workers application of the planned change process to the client in crisis. Using a process recording format, students will critically analyze their role play.
17. **Course Content:**
18. Approaching Crisis Intervention
19. Culturally Effective Helping
20. Basic Crisis Intervention Skills
21. Crisis Case Handling
22. Telephone and Online Crisis Counseling
23. Posttraumatic Stress Disorder
24. Crisis of Lethality
25. Sexual Assault
26. Partner Violence
27. Chemical Dependency: The Crisis of Addiction
28. Personal Loss: Bereavement and Grief
29. Crises in Schools
30. Violent Behavior in Institutions
31. Crisis/Hostage Negotiation
32. Human Services Workers in Crisis: Burnout, Vicarious Traumatization, and Compassion Fatigue
33. Disaster Response