# Chapter 13

Prejudice:
Causes and Cures

Prejudice is ubiquitous; it affects all of us -- majority group members as well as minority group members.

Prejudice is dangerous, fostering negative consequences from lowered self-esteem to genocide.

Over the past 30 years, blatant discrimination has been reduced; however, prejudice still exists in subtle -- and sometimes blatant -- forms.

Prejudice and Self-Esteem

Being a member of an oppressed group can lower a person's self-esteem.

### **Chapter Outline**

# II. Prejudice, Stereotyping, and Discrimination

• Prejudice: The Affective Component

Prejudice is a hostile or negative attitude toward a distinguishable group of people, based solely on their membership in that group.

• Prejudice: The Affective Component

Prejudiced people direct their prejudice towards members of the group as a whole, ignoring distinguishing characteristics.

Stereotypes: The Cognitive Component

A stereotype is a generalization about a group of people in which identical characteristics are assigned to virtually all members of the group, regardless of actual variation among the members.

Stereotypes: The Cognitive Component

Stereotypes are not necessarily emotionally laden and do not necessarily lead to discrimination. However, the potential abuse due to stereotyping can be blatant.

 Discrimination: The Behavioral Component

Discrimination is an unjustified negative or harmful action towards a member of a group, simply because of his or her membership in that group.

### **Chapter Outline**

III. What Causes Prejudice?

Whether or not there is a biological root to prejudice, as evolutionary psychologists would expect, is unknown; it is clear that prejudice occurs between biologically similar people who hold different beliefs.

The Way We Think: Social Cognition

One explanation for prejudice is that it is the inevitable byproduct of information processing. Examples of mental processes include categorization, the use of schemas and heuristics, and faulty memory processes.

The Way We Think: Social Cognition

The first step in prejudice is the creation of groups. Once we have mental categories, we group stimuli into them by similarities, downplaying differences between members of a group and exaggerating differences between members of different groups.

The Way We Think: Social Cognition

In-group bias is the especially positive feelings and special treatment we reserve for people we have defined as part of our in-group.

The Way We Think: Social Cognition

Another consequence of social categorization is out-group homogeneity, the perception that those in the out-group are more similar to each other than they really are, as well as more similar than the members of the in-group are.

The Way We Think: Social Cognition

There are two reasons why it is almost impossible to get a person holding a deep-seated prejudice to change his or her mind.

First, it is primarily the emotional aspect of attitudes that makes a prejudiced person hard to argue with.

The Way We Think: Social Cognition

Second, people with strong prejudices have a firmly established schema for the target group(s). Thus, the use of logic fails to reduce prejudice.

The Way We Think: Social Cognition

Studies have shown that over 30 years, stereotypes regarding established groups have remained fairly stable, becoming somewhat less negative over time.

The Way We Think: Social Cognition

Devine (1989) developed a theory about how stereotypical and prejudiced beliefs affect information processing.

Her theory is based on the distinction between automatic and controlled information processing.

The Way We Think: Social Cognition

According to her theory, when we process information about another, first the stereotypes that we know about are automatically triggered, then in the controlled process we decide whether or not to accept the stereotype.

The Way We Think: Social Cognition

According to Fazio and colleagues (1995), much variability exists in people's automatic processing of negative stereotypes.

The Way We Think: Social Cognition

They suggest that there are three kinds of people: (1) those who do not have an automatic negative reaction to members of a given group, (2) those who do have an automatic negative reaction but have no problems expressing their prejudice, and (3) those who have an automatic negative reaction but want to suppress it.

The Way We Think: Social Cognition

Bargh et al. (1995) have shown that automatic prejudice can be triggered when certain ideas about the target group come to mind.

The Way We Think: Social Cognition

An *illusory correlation* is the tendency to see relationships, or correlations, between events that are actually unrelated.

Illusory correlations are most likely to occur when the events or people are distinctive or conspicuous; minority group members are so by definition.

 How We Assign Meaning: Attributional Biases

People's tendencies to engage in attributional biases, like the fundamental attribution error, increase the pervasiveness and persistence of stereotypes. When dispositional attributions about an entire group of people are made, it is called the *ultimate attribution error*.

 How We Assign Meaning: Attributional Biases

Steele and Aronson have shown that at least one major contributing factor is situational.

They define stereotype threat as the apprehension experienced by members of a minority group that their behavior might confirm a cultural stereotype.

 How We Assign Meaning: Attributional Biases

When an out-group member behaves in a way that disconfirms our stereotypes, we are likely to make a situational attribution for his or her performance, leaving the stereotype intact.

 How We Assign Meaning: Attributional Biases

Blaming the victim is the tendency to blame individuals for their victimization; ironically, it is motivated by a desire to see the world as a fair and just place where people get what they deserve.

 How We Assign Meaning: Attributional Biases

The self-fulfilling prophecy is the case whereby people (a) have an expectation about what another person is like, which (b) influences how they act toward that person, which (c) causes that person to behave in a way consistent with people's original expectations.

 Prejudice and Economic Competition: Realistic Conflict Theory

Realistic Conflict Theory is the theory that limited resources lead to conflict between groups and result in increased prejudice and discrimination.

 Prejudice and Economic Competition: Realistic Conflict Theory

Several historical studies document that prejudice, discrimination, and violence against out-group members is positively correlated with the scarcity of jobs or other resources. Correlational and experimental data exist that support group conflict theory.

 Prejudice and Economic Competition: Realistic Conflict Theory

Scapegoating is the tendency for individuals, when frustrated or unhappy, to displace aggression onto groups that are disliked, visible, and relatively powerless.

The Way We Conform: Normative Rules

Through both explicit and implicit socialization, we are trained in the norms of our culture.

Stereotypes and prejudiced attitudes are part of this normative package.

The Way We Conform: Normative Rules

Institutionalized racism refers to the racist attitudes that are held by the vast majority of people because we live in a society where stereotypes and discrimination are the norm.

The Way We Conform: Normative Rules

Institutionalized sexism refers to the sexist attitudes that are held by the vast majority of us for the same reason.

The Way We Conform: Normative Rules

In societies in which racism and sexism are institutionalized, normative conformity leads to the tendency to go along with the group in order to fulfill their expectations and gain acceptance.

The Way We Conform: Normative Rules

Modern racism is prejudice revealed in subtle, indirect ways because people have learned to hide their prejudiced attitudes in order to avoid being labeled as racist. This type of racism is shown when people outwardly act unprejudiced while inwardly maintain prejudiced attitudes.

### **Chapter Outline**

# IV. How Can Prejudice Be Reduced?

The Contact Hypothesis

The contact hypothesis is the idea that merely bringing members of different groups into contact with each other will erode prejudice.

 When Contact Reduces Prejudice: Six Conditions

Allport (1954) suggested that six conditions are necessary for intergroup contact to reduce prejudice.

- When Contact Reduces Prejudice: Six Conditions
  - 1. Mutual interdependence
    - 2. A common goal
  - 3. Equal status of group members
  - 4. Having informal interpersonal contact
  - 5. Having multiple contacts with several members of the outgroup
    - 6. When social norms are in place that promote equality

 When Contact Reduces Prejudice: Six Conditions

A situation where two or more groups need each other and must depend on each other to accomplish a goal that is important to them defines *mutual interdependence*.

Why Does Jigsaw Work?

A jigsaw classroom is a classroom setting designed to reduce prejudice and raise the self-esteem of children by placing them in small desegregated groups and making each child dependent on the other children in the group to learn the course material and do well in the class.

Why Does Jigsaw Work?

One reason for the effectiveness of the jigsaw classroom is that it succeeds in breaking down in-group versus out-group perceptions. This learning environment also places people in a "favor-doing" situation and leads them to like the people they help. In addition, the jigsaw classroom works because it fosters empathy.

Why Does Jigsaw Work?

The cooperative learning movement has become a major force in the field of public education, and provides a powerful tool in the battle against prejudice. Unfortunately, the spread of cooperative learning is gradual.