

ABBREVIATED VITA:

William (Pit) Kolodinsky, Ph.D., NCC, AZ LPC
Associate Professor
Master's Program in Professional Counseling
Northern Arizona University -Yuma
928.317.6131
Fax: 928.317.6419
pit.kolodinsky@nau.edu

EDUCATION:

- Ph.D 1994 Counselor Education. Community Counseling, Mississippi State U.
 - Ph.D. Dissertation: "Eating Disorder Subtypes & Family of Origin"
- M.A. 1989 Counselor Education. Community Counseling, U. of Central Florida
 - MA. Thesis: "Hemisphericity and Hypnotizability"
- B.A. 1983 Psychology - U. of Delaware

EXPERIENCE:

TEACHING:

- 2000 – 2006 Asst. Professor & Coordinator of School and Community Counseling Programs, NAU-Yuma
- 2006 – on Assoc. Professor & Coordinator of School and Community Counseling Programs, NAU-Yuma
- Part-time Instructor of Graduate courses in Counseling:
 - U. of Central Florida
 - U. of Maryland – Germany
 - Webster University Orlando

CLINICAL:

1989 – present

- Settings: Private practice, out-patient clinics (hospital, county MH), inpatient
- Populations: Sexual abuse trauma, college students, children, adolescents, adults, geriatric
- Modalities: Individual, Group, Couple, Family & Multifamily
- Assessment: Psych. Evals, Forensic Evals.
- Licenses: Florida Licensed Mental Health Counselor (1992-1999)
National Certified Counselors (NCC)
Arizona Licensed Professional Counselor (2000-present)
- Certifications: Hypnotherapy, Traumatic Incident Reduction, Self-Psychology, Brainwave Biofeedback/Neurotherapy

RESEARCH & PROFESSIONAL INTERESTS:

- Meditation, Stress Reduction, Anxiety Disorders
- Adult Attachment
- Ken Wilber & Transpersonal Psychology
- Career self-efficacy
- School Counselor Satisfaction

SELECTED PUBLICATIONS:

- Kolodinsky, P., Schroder, V. D., Montopoli, G., McLean, S., Mangan, P., & Pederson, W. (in press). The Career Fair as a Vehicle for Enhancing Occupational Self-Efficacy. *Professional School Counselor*.
- Kolodinsky, P., Schroder, V. D., and Moore, M. (in press). Sexual Aggression Among Adolescents. In S. McCarthy (Ed.), *Preventing Teen Violence*, Westport, CN: Harcourt/Greenwood.
- Kolodinsky, P., Sitnikov, V., Parnyuk, N., Artemeyeva, V., Jafar, J., Schroder, V., Hollingsworth, F., & Prandini, C. (in press). Cultural Aspects of Moral Development and Impulse Control. In S. McCarthy (Ed.), *Preventing Teen Violence*, Westport, CN: Harcourt/Greenwood.
- Tango, R., & Kolodinsky, P. (2004). Investigation of Placement Outcomes Three Years after a Job-Skills Training Program for Chronically Unemployed Adults. *Journal of Employment Counseling*, 41, 80-92 .
- Kolodinsky, P., McCarthy, S., Waters, T., & Schroder V. D. (2002). Non-Traditional Career Interests Among Yuma's Mexican-American Female Adolescents. *Arizona Counseling Journal*, Spring, 2003.