General Information

College: College of the Health and Human Services
        School of Nursing

Course Number: NUR 330

Course Title: Introduction to Nursing as a Discipline and Profession

Semester: Fall 2012

Credit Hours: 3

Clock Hours: 45 Hours Total

Day: Online

Time: Online

Location: Online

Faculty: Laura J. Blank, MSN, RN,
         Assistant Clinical Professor

Office Address: Laura J. Blank
               Northern Arizona University
               School of Nursing #207
               Box 15035
               Flagstaff, AZ 86011

Office Phone: Laura J. Blank
              (928) 230-3043 (cell phone; emergencies only)

Primary E-mail: Please use mail function within BB Learn

Alternate E-mail: laura.blank@nau.edu

Office Hours: By appointment

Course Prerequisite: Admission to the Accelerated-Option BSN or RN to BSN
                   nursing programs.

Catalog Description: An introduction to nursing as a distinct discipline of
                   knowledge and a unique professional service.
**Student Learning Outcomes:**

Upon completion of the course the student will be able to:

**Professionalism and Professional Values**

2. Examines selected legal and ethical aspects of professional nursing practice.

3. Evaluates personal beliefs, philosophy, and caring behaviors in relation to professional nursing.

4. Develops an appreciation of images of nurse and nursing over time.

5. Explores nursing as discipline and profession.

6. Explores the contemporary and historical context of nursing

**Communication**

7. Demonstrates appropriate, respectful, and accurate written and verbal communication.

**Critical Reasoning**

8. Examine nursing theories and conceptual frameworks emphasizing application to nursing practice.

9. Apply critical reasoning to analyze nursing situations.

**Clinical Practice and Prevention**

10. Examines nursing as nurturing the well being and wholeness of persons through caring.

11. Demonstrate respect for the meaning of wholeness of persons connected with others in the environment as central to understanding person and persons.

**Leadership**

12. Examines the political process as it relates to nursing practice.

**Global Health**

13. Examines one’s own personal values, beliefs, and practices as compared to diverse populations in a global society.
14. **Course Structure/Approach:**

This course will utilize a variety of approaches to support and enhance student learning and to achieve the student learning outcomes. These instructional methods include, but are not limited to:

- Online Discussion
- Audio-Visual Materials
- Written assignments

**Textbook and Required Materials:**


**Recommended Optional Materials:**


Here is the link to the [NAU Book Store](#)

**Video Presentations for the Classroom**

<table>
<thead>
<tr>
<th>Title</th>
<th>Code</th>
<th>Duration</th>
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</thead>
<tbody>
<tr>
<td>Circle of Knowledge</td>
<td>VT 0873</td>
<td>(33 minutes)</td>
</tr>
<tr>
<td>Theories at Work</td>
<td>VT 1591</td>
<td>(45 minutes)</td>
</tr>
<tr>
<td>Code Gray</td>
<td>VT 4143</td>
<td>(26 minutes)</td>
</tr>
<tr>
<td>Nursing, Ethics and the Law</td>
<td>VT 4727</td>
<td>(34 minutes)</td>
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<tr>
<td>Nurse to Nurse</td>
<td>VT 4599</td>
<td>(20 minutes)</td>
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</tbody>
</table>
Assessment of Student Learning Outcomes:
Course Orientation 5
Library Orientation/Discussion 5
Discussions (3 discussions for 5 points each) 15
Personal philosophy of nursing paper 15
Nurse Practice Act Test 10
Resume 5
Reflective Journal (4 topics for 5 points each) 20
Aesthetic Final Project 25
Total Points 100

Grading Scale
A = 93 + points
B = 84 - 92 points
C = 78 - 83 points (A grade of "C" or above is a passing grade in this course).
F = <78

Late Assignment Policy:
Faculty understand that sometimes life gets in the way, if you know ahead of time that you may need extra time for a particular assignment, notify the assigned faculty via e-mail before the assignment is due to request an extension. If notification occurs before the assignment is due, and a mutual agreed upon extension occurs, no penalty will occur as long as student meets new assignment deadline. **If continued requests for extensions became a pattern as a result of poor time management, requests will not be honored.**

If students do not make arrangements ahead of time and miss assignments, make up (late assignments) assignments may be arranged for valid reasons such as illness or personal/family emergencies. Arrangements to make up an assignment must be made with the faculty within one week of the missed assignment. Make up assignments will not earn full points, but will have a 20% deduction in the overall grade for that assignment. **If arrangements for the makeup assignment has not been made within one week of the assignment, the student will receive ZERO points for that assignment.**

Discussion Assignments are excluded from this policy due to the group participation of the activity.
Assignment #1  PERSONAL NURSING PHILOSOPHY PAPER

ASSIGNMENT:

1. Describe your personal philosophy of nursing.

2. Use the following questions to guide development of your philosophy

   What is your central belief about the individual person?
   What constitutes the environment?
   How do the individual and the environment interact?
   What is your view of health?
   How does illness relate to health?
   What is the central reason for the existence of nursing?
   How do you view theory as it relates to your practice of nursing?

3. While thinking and describing your philosophy of nursing, be sure to include how the metaparadigm of nursing is integrated.

FORMAT

1. Must be written in APA format and limited to 4 pages excluding references.

GRADING CRITERIA

<table>
<thead>
<tr>
<th>Content:</th>
<th>Points</th>
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</thead>
<tbody>
<tr>
<td>1. Incorporated personal belief regarding the profession of nursing</td>
<td>6</td>
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<tr>
<td>2. Integrated explication of the person, health, environment, nursing</td>
<td>6</td>
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<tr>
<td>(metaparadigm) concepts</td>
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<tr>
<td>3. APA format, composition, grammar, spelling</td>
<td>3</td>
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<td><strong>Total</strong></td>
<td><strong>15</strong></td>
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Assignment #2  REFLECTIVE JOURNAL ASSIGNMENTS

PURPOSE: The purpose of this journal is two-fold: 1) to stimulate the exploration of the personal meaning of the topics presented in the course, and 2) to develop and communicate an integrated understanding of the objectives of the course.

ASSIGNMENT: In your journal, identify and describe an experience you have had related to one of the assigned topics and record your reflections as a student of professional nursing. Show how it had an impact on your growth in nursing.

Journals are intended to be thoughtful expressions that reflect how you feel about nursing and assuming the role of a professional nurse. Your reflections should be described in the first person, subjective, as “I” (I feel as though...). You may choose to reflect by using prose, poetry or sketches to illuminate a particular thought. This aesthetic way of knowing is encouraged. Journaling is a reflexive process that promotes expanding your worldview and should reflect depth of thought about new concepts. A professional journal is not a personal diary, nor should it be full of citations and quotes from the literature; it should reflect and comment on your personal and professional growth. **If you do choose to cite the video or other references, then those do need to be referenced at the end of your reflection.**

Journals must be typed and double-spaced. Include your name and the title of the journal. There should be enough depth to the journal to show quality of the reflection so the length will likely be 2 pages.

FORMAT:

1. Use a word processor, font of 12, double spaced with appropriate margins.
2. Your language should reflect that of a student enrolled in a baccalaureate nursing program.
3. The journal should include a description of an experience related to the topic, your personal reflection on the meaning of the experience, and the way it has contributed to your own personal growth in nursing.
4. Citations, quotes should be properly referenced in APA format.

GRADING CRITERIA:

The grading guidelines are as follows:

1. Description of experience related to the topic (2 points)
2. Depth of personal reflection and discussion on the experience and its contribution to personal growth in nursing (2 points)
3. Grammar, spelling, adherence to process guidelines, writing style (1 point)
Aesthetic Final Project = 25 points

Throughout this course we have discussed the profession and discipline of nursing; is it an art or science? As you have begun to look at your own practice, you have begun to develop your own personal philosophy of nursing and many of you realize it is based on many different theories, and very personal thoughts and feelings of your own.

As we continue to practice, our philosophies change; perhaps for some of us it is just refining, or for others, it is that “Aha” moment. It is growth, a process we all go through, and somehow enjoy, otherwise we would not be here today. In your text, Nursing as Caring (2001), Boykin & Schoenhofer discuss caring, as the locus of nursing and its implications for practice and education.

“While caring is not unique to nursing, it is uniquely expressed in nursing. The uniqueness of caring in nursing lies in the intention expressed by the statement of focus. As an expression of nursing, caring is the intentional and authentic presence of the nurse with another who is recognized as person living caring and growing in caring. Here the nurse endeavors to come to know the other as caring person and seeks to understand how that person might be supported, sustained, and strengthened in his or her unique process of living caring and growing in caring. Again, each person in interaction in the nursing situation is known as caring. Each person grows through interconnectedness with other” (p. 13).

The final project for this course will be a picture (photograph or drawing) that you feel best represents caring in your practice as a nurse; this picture will demonstrate the art and science of your profession and discipline of nursing. In addition to the picture, please write a ½ to 1 page (not to exceed one page) reflecting on your submission and its meaning to you.

If you choose to photograph someone you must get their consent. Please download the release form in the appropriate module and turn it in with you photograph assignment.

Reference:

### Class Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Assignment</th>
<th>Discussion</th>
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<tbody>
<tr>
<td>Week # 1</td>
<td>Orientation to the Course</td>
<td><strong>Assignment:</strong> Orientation to BB Learn</td>
<td><strong>Discussion:</strong> Professional Development</td>
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<td>Library Orientation</td>
<td><strong>Assignment:</strong> Complete the Library Module</td>
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<td>Images of Nursing: Module 1</td>
<td><strong>Reflective Journal:</strong> look at any type of media (books, TV, films, Ads, news). Write about how the media selected portrays nurses/nursing.</td>
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<tr>
<td>Week # 2</td>
<td>Nursing as a Discipline: Module 2</td>
<td>Caring</td>
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<td>NAU’s Conceptual Framework</td>
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<td>AACN’s Essentials of Baccalaureate Education</td>
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<td>ANA’s Nursing Social Policy Statement: The Essence of the Profession</td>
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<td><strong>Discussion:</strong> Frameworks for nursing practice and education</td>
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<td>Week # 3</td>
<td>Patterns of Knowing: Module 3</td>
<td>Nursing Theory and Practice</td>
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<td>Video: Circle of Knowledge</td>
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<td>Video: Theories at Work</td>
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<td><strong>Personal Philosophy Paper</strong></td>
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<td>Week # 4</td>
<td>Nursing as a Profession: Module 4-A</td>
<td>Ethical Perspectives: Module 4-B</td>
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<td><strong>Assignment:</strong> Begin compiling resume</td>
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<td>Ethical Perspectives: Module 4-B</td>
<td>ANA’s Guide to the Code of Ethics for Nurses: Interpretation and Application</td>
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<td>Video: Code Gray</td>
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<td><strong>Reflective Journal:</strong> Reflections on the Video or Readings</td>
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<td>Legal Perspectives: Module 5</td>
<td>ANA’s Scope and Standards of Practice: Nursing</td>
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<td></td>
<td><strong>Assignment:</strong> Completion of Nurse Practice Act Test</td>
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| Week # 5 | Regulation of Nursing Practice: Module 6  
Chemically Dependent Nurses  
**Video**: Nurse to Nurse  
**Reflective Journal**: Reflection on the video  
**Assignment**: Professional Resume |
|---|---|
| Week # 6 | The Political Process: Module 7  
**Discussion**: How to get involved in the political process |
| | The Practice of Nursing: Module 8  
Health, Nursing Process and Caring  
Wholeness and Well-being through Caring  
**Reflective Journal**: Reflection on Wholeness and Well-being through Caring. |
| Week # 7 | **Aesthetic Final Project**:  
The Practice of Caring |
COURSE POLICIES:

Important Notice: There is strict adherence to every part of the NAU Student Handbook and the NAU Nursing Student Handbook.

Attendance Policy: Under NAU Policy, students are expected to attend every session of class in which they are enrolled. Attendance at all clinical sessions is mandatory. If you are to miss a clinical session, you must inform your instructor and facility before the start of the clinical session. Make-up sessions will be determined by your instructor.

Late Assignment Policy: Faculty understand that sometimes life gets in the way, if you know ahead of time that you may need extra time for a particular assignment, notify the assigned faculty via e-mail before the assignment is due to request an extension. If notification occurs before the assignment is due, and a mutual agreed upon extension occurs, no penalty will occur as long as student meets new assignment deadline. If continued requests for extensions became a pattern as a result of poor time management, requests will not be honored.

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Plagiarism: All forms of student academic dishonesty, including cheating, fabrication, facilitating academic dishonesty and plagiarism are prohibited and subject to disciplinary action. Cheating means intentionally using or attempting to use unauthorized materials, information or study aids in any academic exercise. Fabrication means intentional and unauthorized falsification or invention of any information or citation in an academic exercise. Plagiarism means intentionally or knowingly representing the words or ideas of another, as one's own in any academic exercise. Such intentional plagiarism or cheating will result in an “F” for the course assignment; continued academic dishonesty will result in failure of the course, and may include dismissal from the program. For further explanation of academic dishonesty refer to the Department of Nursing Undergraduate Student Handbook and Northern Arizona University Student Handbook at http://home.nau.edu/images/userimages/awf/9476/ACADEMIC%20DISHONESTY.pdf

"Whether paraphrasing or quoting an author directly, you must credit the source . . . For a direct quotation in the text, give the author, year, and page number in parentheses (paragraph numbers may be used in place of page numbers for electronic text.) Include a complete reference in the reference list. Depending on where the quotation falls within a sentence or the text, punctuation differs. When paraphrasing or referring to an idea contained in another work, authors are not required to provide a page number. Nevertheless, authors are encouraged to do so, especially when it would help
an interested reader locate the relevant passage in a long or complex text”

“Plagiarism.  Quotation marks should be used to indicate direct quotes (the exact
words of another). Each time you paraphrase another author (i.e., summarize a
passage or rearrange the order of a sentence and change some of the words), you
will need to credit the source in the text......The key element of this principle is that an
author does not present the work of another as if it were his or her own work. This
can extend to ideas as well as written words. If an author models a study after one
done by someone else, the originating author should be given credit. If the rationale
for a study was suggested in the Discussion section of someone else’s article, that
person should be given credit. Given the free exchange of ideas, which is very
important to the health of psychology, an author may not know where an idea for a
study originated. If the author does know, however, the author should acknowledge
the source; this includes personal communications” (APA Publication Manual, 2001, p
349-350).

The Impaired Student policy will be strictly adhered to; there will be no tolerance in
for any evidence of substance abuse.

Northern Arizona University Policy Statements can be found at the following
address:
http://www2.nau.edu/academicadmin/UCCPolicy/plcystmt.html

Classroom Management Statement
Membership in the academic community places a special obligation on all members to
preserve an atmosphere conducive to a safe and positive learning environment. Part
of that obligation implies the responsibility of each member of the NAU community to
maintain an environment in which the behavior of any individual is not disruptive.

It is the responsibility of each student to behave in a manner which does not interrupt
or disrupt the delivery of education by faculty members or receipt of education by
students, within or outside the classroom. The determination of whether such
interruption or disruption has occurred has to be made by the faculty member at the
time the behavior occurs. It becomes the responsibility of the individual faculty
member to maintain and enforce the standards of behavior acceptable to preserving
an atmosphere for teaching and learning in accordance with University regulations
and the course syllabus.

At a minimum, students will be warned if their behavior is evaluated by the faculty
member as disruptive. Serious disruptions, as determined by the faculty member,
may result in immediate removal of the student from the instructional environment.
Significant and/or continued violations may result in an administrative withdrawal
from the class. Additional responses by the faculty member to disruptive behavior
may include a range of actions from discussion the disruptive behavior with the
student to referral to the appropriate academic unit and/or the Office of Student Life
for administrative review, with a view to implement corrective action up to and
including suspension or expulsion. 8/06