Unit: COOKING WITH THE FAMILY - Lesson #1 of 7

Lesson: COOKING WITH THE FAMILY

Social Studies
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Introduction
This lesson is designed to introduce a thematic unit: Cooking with the Family. Parents will visit the classroom and work with small groups as the students prepare tortillas.

Outcomes
1. The students will participate in cooking tortillas
2. The students will describe the procedures involved with cooking tortillas.
3. The students will demonstrate knowledge by drawing a picture of the cooking experience and dictating the story.

Standard
• Social Studies Standard 2 -- Government and Citizenship
• Students understand the relationships of citizens and governing institutions
• Assuming responsibility to promote the classroom as a learning community

Resources And Materials
• “Tortillas for Mama” and cooking utensils
• List of ingredients
• Crayons and rebus recipe cards

Process
• Talk about cooking with mom. What have you cooked? What were some of the steps involved in the cooking process?
• Read “Tortillas for Mama” to the class.
• Introduce the procedure for making tortillas. Read the rebus recipe cards with the whole class
• Divide class into groups. Assign groups to parent volunteers. Each group will make tortillas with a parent, following the steps outlined on the rebus picture recipe cards.
• Enjoy the tortillas!

Assessment
Review with class the ingredients and procedure for cooking tortillas. Have students sequence the recipe cards as a class. Children will draw a picture to depict the process of cooking tortillas and dictate a language experience story to teacher or parent volunteer.

Extensions / Modifications
• Children prepare tortillas for class fiesta
• Children independently write or label pictures about cooking.
• Children model cooking steps.
Multiple Intelligences:

- Logical/ Mathematical
- Artistic
- Spatial
- Verbal/Linguistic
- Intrapersonal
- Interpersonal